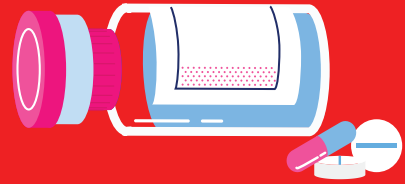




Vaccines



5 Reasons You Should Get Vaccinated

- 1 Vaccines have saved lives for over 100 years but serious disease is still a threat. The protection of some vaccines can fade over time. For example, adults should receive a tetanus booster every 10 years to protect against infection from dirty wounds.
- 2 Vaccines are the best way to protect yourself and your family from preventable diseases.
- 3 Vaccines can prevent serious illness.
- 4 The vaccines you receive are safe. Vaccines can have side effects but most are mild and go away in a few days.
- 5 Vaccines may be required. Certain vaccines are required for school, work, travel, and more.

Seasonal influenza or the flu is a respiratory virus that sickens tens of millions of people each year in the U.S. The annual flu vaccine helps you avoid infection and reduces your chances of being hospitalized or dying if you do become infected.

All adults need these routine vaccines.

COVID 19 Vaccine

It is especially important if you are aged 65 and older, are at high risk for severe COVID 19 or have never received a COVID 19 vaccine.

Flu Vaccine

CDC recommends a yearly flu vaccine to reduce your risk. For 2024-2025, all flu vaccines will be designed to protect against 3 influenza viruses.

RSV Vaccine

RSV Vaccine is currently not an annual vaccine. People who have received one dose have completed their vaccination.

We are giving you additional information on pneumonia, the shingles vaccine, and vaccine for tetanus and pertussis.

The truth about vaccines is that they are very safe. They are rigorously tested before they are approved for use. They continue to be monitored for safety after they are approved.

Please talk with your physician or healthcare provider about what is best for your family. Make an informed decision about your health. It is best to talk with a trusted provider as there is a lot of misinformation that can confuse you as you try to make an informed decision. Please partner with your healthcare provider to protect your health.