

# Substance Use in Adair County and Where To Get Help

## Did you Know?

- Substance use is a public health concern in Adair County.
- Opioids have emerged as a top health concern in rural areas.
- About one in 45 older adults in the US misused opioids in the past year,
- Rural areas have higher rates of chronic pain and when there is chronic pain there is a risk for abuse of pain medication.

These are the facts from Rural Healthy People 2030.

Adair County is a rural area. We have our own unique circumstances. We have resources to assist with the problems related to substance use.

## WHERE TO FIND HELP

FindHelpNow.org website that lists treatment providers and facilities which have openings now.

Call: KY Help Statewide Call Center 1-833-859-4357

- Monday - Friday 6 am to 9 pm CT and Saturday - Sunday 7:30 - 4:30 CT
- Afterhours - 1-800-854-6813

Other resources:

Find RecoveryHousingNowKY.org

FindNaloxoneNowKY.org

In Adair County we have KY. State Police Post 15. Under the Statewide Angel Initiative you may go to the KSP Post and you will be assigned an officer to help you find treatment. No questions asked.

## FIND HELP, REACH OUT.

We are all in this walk of life together.

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